

FAITHWALKING 201 COACHING COVENANT (Coachee)

As a Faithwalking participant I give my word to:

- Sign a coaching agreement at the beginning of the 201 process in which **I give my word to doing my part** in the process of my personal transformation. In the Faithwalking community we call this *playing full out*;
- **Reorder my schedule** so that the 201 homework becomes a high priority in my daily life. This may mean giving up other activities to allow time for completion of the homework, understanding that the homework is designed not only to facilitate personal transformation but also to build perseverance and develop the highest levels of integrity.
- Do **all of the homework** assigned before my weekly coaching call so that the coaching can have maximum benefit. I also recognize that procrastinating or waiting to do all the homework right before the coaching call is counterproductive to personal transformation;
- Contact my coach between calls if there is anything I don't understand about the homework. (If you need additional clarification or any kind of support during the week, your coach is fully committed to helping you in the process);
- Participate in a weekly coaching call with my coach and one other Faithwalking 201 participant, candidly reporting the results of doing my homework;
- **Be on time** for each weekly coaching call.
- **Notify my coach as soon as I know that I will have to miss a coaching call** because of a breakdown. I understand that if I miss more than 25% of the sessions I won't be able to complete 201.
- Acknowledge any messes made by any lack of integrity on my part and to move quickly to clean up those messes, giving my word again.
- Be coachable throughout the 201 process. (This means taking seriously the accountability offered in your relationship with your coach. This also means being open to "trying on" new concepts or actions suggested by your coach);
- Adopt the qualities that the Faithwalking community is seeking to foster— prayerfulness, transparency, non-judgmental connections, action oriented behavior and integrity.
- Commit to mastering key skill sets that are presented in 201.

Signature _____

Date _____